

Participation resources

Useful links to resources, publications and tools

Resources for young people

Get Your Rights

The **Get Your Rights** project aims to help children and young people explore their rights and become more confident when using the NHS by explaining what the rights in the NHS Constitution mean for them.

<https://councilfordisabledchildren.org.uk/our-work/health-and-wellbeing/policy/understanding-your-rights-health-system>

<http://www.getyourrights.org/>

Information, Advice and Support Services

Dedicated webpage for children and young people delivered by Information, Advice and Support Services Network (IASSN), offering tailored free information, advice and support.

<http://cyp.iassnetwork.org.uk/>

EPIC's Glossary of Policy Terms

A glossary made and used by EPIC which explains some key policy words and terms.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/EPIC%20Glossary.pdf>

SEND Reforms Explained

As part of their work, young people's advisory group EPIC created a fact sheet for young people to make sense of the SEND reforms in 2014.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Fact%20Sheet%20The%20Reforms.pdf>

EHC Plans Explained

As part of their work, young people's advisory group EPIC created a fact sheet for young people to explain what an Education, Health and Care Plan is and how it works.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Fact%20Sheet%20EHC%20Plans.pdf>

Post-16 Support Explained

As part of their work, young people's advisory group EPIC created a fact sheet for young people to inform them what support is available to young people once they reach 16.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Fact%20Sheet%20Post-16Support.pdf>

The Local Offer Explained

As part of their work, young people's advisory group EPIC created a fact sheet for young people to inform them about the local offer and how it works.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Fact%20Sheet%20Local%20Offer.pdf>

Making Decisions About Your SEN & Disability Support

As part of their work, young people's advisory group EPIC created a fact sheet for young people to help them to make decisions about their support.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Fact%20Sheet%20Making%20Decisions.pdf>

SEND Reforms Explained: videos via the CDC YouTube channel

<https://www.youtube.com/user/WatchCDC>

Guidance for professionals

VIPER Ingredients of High Quality Participation

A checklist for how to include young people in decision making, developed in partnership with young disabled people from the VIPER project, that shows ten important elements that make up high-quality participation for young disabled people.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/VIPER%20Ingredients.pdf>

Top Tips for professionals to support children and young people to participate in their EHC plan

This Top Tips guide is for all professionals who are involved in supporting disabled children and young people and those with special educational needs, to fully participate in their Education, Health, and Care (EHC) plan.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Top%20Tips%20for%20Professionals%20who%20support%20CYP%20to%20participate%20in%20their%20EHCP.pdf>

Education, Health and Care plans: examples of good practice

This resource has been produced to help practitioners write good quality EHC plans that meet both the letter and the spirit of the Children and Families Act 2014.

<https://councilfordisabledchildren.org.uk/help-resources/resources/education-health-and-care-plans-examples-good-practice>

How to Engage Young People in the Local Offer

This leaflet was written in partnership with EPIC and is based on young people's experiences of accessing the Local Offer. It highlights what EPIC want local areas to do to make the Local Offer work better for disabled children and young people, and children and young people with Special Educational Needs.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/epic.pdf>

Your Rights, Your Future Toolkit

'Your Rights, Your Future' is an interactive training session designed for any practitioner working with children and young people on the SEND reforms.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Your%20Rights%20Your%20Future%20Toolkit%20-%20Zipped%20File%20Download.zip>

Guide for professionals - Improving services for disabled children

This guide covers the key principles involved in successful participation. Practical in approach, detailing methods and good practice, the guide is illustrated by many real-life examples.

https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/parent_participation_proffs.pdf

Involving children with communication impairments in decision-making

CDC teamed up with Participation Works to create this guide which provides information and ideas about how you can enable children and young people with a range of communication impairments to participate in decisions about their lives.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/index.pdf>

Top Tips for Participation

Produced by Making Ourselves Heard and Participation Works, in partnership with young people from Generate UK and 1Voice, this poster lists a series of tips for involving young disabled people in participation.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Top%20tips%20for%20participation.pdf>

Council for Disabled Children's Inclusion Policy

Our inclusion policy was developed by a working group of CDC members. It sets out a policy and a set of principles that we consider to be crucial to the development of inclusion. The principles are then illustrated with examples from existing practice. The examples are taken from a range of different settings. They hold the potential for a more inclusive future.

<https://councilfordisabledchildren.org.uk/help-resources/resources/inclusion-policy>

Engaging Young People in Independent Support

The Making Ourselves Heard network produce regular case studies to shine the spotlight on good practice in participation throughout the sector. This December 2015 case study focused on engaging young people in Core Asset's Independent Support service.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Core%20Assets%20Case%20Study.pdf>

Sex and Relationship Groups for Young People

The Making Ourselves Heard network produce regular case studies to shine the spotlight on good practice in participation throughout the sector. In this case study, Olivia, shares with us how being a part of KIDS' Sexuality and Relationships group has influenced her personal and professional development.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/MOH%20Case%20Study%20Kids.pdf>

Participation Audit Tool

The Participation Audit Tool is an essential resource for statutory and voluntary agencies, across health, education and social care to evidence and develop their participation practice and outcomes.

<https://councilfordisabledchildren.org.uk/help-resources/resources/participation-audit-tool>

Factsheets

Factsheet #1: Methods and Levels of Participation

This guide will take you through different forms of participation and examples of them in action.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Methods%20%20levels%20of%20participation%20factsheet1.pdf>

Factsheet #2: Work Experience

In this resource young people identify themes relating to the barriers they often face, and offer some advice on supporting a successful work experience placement.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Participation%20Factsheet%202.pdf>

Factsheet #3: The Participation Process

This resource looks at the five stages required for developing meaningful and effective participatory activities at all levels.

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/Participation%20Factsheet%203.pdf>

[Reports](#)

Reports

SEND Code of Practice: young people's response

This report summarises the findings of the consultation on the draft Code of Practice that CDC carried out with children and young people.

https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/draft-0-25-special-educational-needs-sen-draft-code-of-practice-participation_young-peoples-views.pdf

Learning from the Aiming High for Disabled Children Programme

This report brings together the learning from the Aiming High for Disabled Children (AHDC) programme and local authority projects set up as part of the Lamb Inquiry and contains a section on 'Participation in the shaping of services'.

https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/learning_from_the_ahdc_programme.pdf

Going Places!

The Every Disabled Child Matters campaign and the Making Ourselves Heard network asked children and young people this question: 'What would more fun things to do and places to go look like for you?' This booklet sets out their answers, and makes recommendations about what needs to happen to ensure all disabled children and young people have the opportunity to be 'going places'!

https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/going_places_briefing.pdf

'If I could change one thing...'

In partnership with Making Ourselves Heard, Every Disabled Child Matters asked disabled children and young people, parents and carers: "If you could change one thing for disabled children, young people, and their families, what would it be?"

Hundreds of responses were received from all over the country and these have been published in this booklet:

https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/If%20I%20Could%20Change%20One%20Thing_Children%20and%20Young%20People%20Response_0.pdf

Briefings

Participation in the CFA: Health perspective

This briefing looks at the duties set out in the Children and Families Act to engage children, young people and parent carers. It outlines participation in joint commissioning decisions, the local offer and Education Health and Care plans.

https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/MIH_Participation.pdf