

Who's Who?

C

CAMHS Nurse - senior nurses who have specialised in working with children and young people with mental health problems (CAMHS stands for Child and Adolescent Mental Health Service)

Child Psychologist – trained to understand thinking, behaviour and emotions in children and adolescents to support their mental health

Child Psychiatrist – doctors with specialist medical training in working with children and adolescents with mental health problems

Child and Adolescent Psychotherapists- trained therapists who work with children helping to deal with their emotional and mental health problems

Clinical Social Workers - Social Workers with extra training and experience to work within CAMHS to help and support families who are having difficulties

G

GP – General Practitioner, doctors based in the community who support people with a wide range of health concerns, and refer on to specialists as needed

M

Mental health practitioners - trained in mental health and help in the assessment (understanding) and management of emotional, behavioural and mental health problems

O

Occupational Therapist- a specialist with expertise in mental and physical health, who can help with sensory processing, self-care and fine motor skills functions

P

Paediatrician – a doctor who specialises in treating children

Pharmacist- A healthcare professional who is an expert on medicines and focuses on safe and effective medication use

S

Speech and language therapist – a specialist in recognising and treating communication problems

Different Teams Who May Be Involved

Autistic Spectrum Disorder Teams

Some areas have a multi-professional team who work together to assess your child when Autistic Spectrum Disorder is considered. This is often referred to as 'being on the ASD Pathway'. The specialist or specialist team will make a more in-depth assessment, which should be started within three months of the referral.

Behaviour Support Teams

Behaviour support teams are set up to support individuals with learning disabilities and their families. They may differ across the country in terms of the services they offer (See your Local Offer). Some may offer assessments for diagnosis or provide different strategies to support individuals with their behaviour. These teams can be made up of a variety of professionals including psychologists, speech and language therapists or medical professionals.

Learning Disability Services for Children and Adults

Community learning disability nurses can offer advice and support on the behavioural management of a child or young adult with learning disabilities and work with and support the family to understand and manage difficulties in a positive way. These behavioural difficulties are usually around sleeping, feeding, toileting and socialising.