

CARER'S CONCERNS QUALITY OF LIFE QUESTIONNAIRE (CC-QoLS)

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Reference: Unwin G. & Deb S. (2014) Caregiver's Concerns-Quality of Life Scale (CC-QoLS): development and evaluation of psychometric properties. *Research in Developmental Disabilities*, 35, 2329-2340. <http://dx.doi.org/10.1016/j.ridd.2014.05.018>.

Person's ID: Date: Rater's ID:

Carer's Concern

Are you concerned about [name of the person you are caring for]'s?

	Not Concerned	Mildly Concerned	Moderately Concerned	Very Concerned	Seriously Concerned
His/her physical health					
His/her mental health					
His/her self esteem					
His/her aggression					
Missing work/school/day care					
Risk of accident					
His/her future					
Lack of services					
Total column score					
				Total	

Quality of Life

How would you rate [name of the person you are caring for]'s?

	Very good	Good	Satisfactory	Poor	Very Poor
Relationships with others (within home)					
Relationships with others (outside home)					
Leisure and recreation opportunities					
Communication skills (within home)					
Communication skills (outside home)					
Self-care skills					
Mobility					
Access to community facilities					
Total column score					
				Total	

Scoring

Carer's Concern :
 Not concerned = score 4
 Mildly concerned = score 3
 Moderately concerned = score 2
 Very concerned = score 1
 Seriously concerned = score 0

Quality of Life: Very good = 4
 Good = 3
 Satisfactory = 2
 Poor = 1
 Very poor = 0

The total for each subscale is calculated by summing the responses for each of the eight items in each subscale separately.

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